

Agenda for Health and Wellbeing Symposium

April 26, 2025 (Saturday)

Time/Duration	Activities
08:30-09:00	Registration
09:00-09:10	Welcome Address <i>Professor AMOAH Padmore Adusei</i> <i>School of Graduate Studies, Lingnan University, Hong Kong</i>
09:10-09:15	Opening Remarks <i>Professor MOK Ka ho Joshua</i> <i>The Provost and Vice-President (Academic & Research) &</i> <i>The Dean of Graduate School,</i> <i>The Hang Seng University of Hong Kong</i>
09:15-09:20	<i>Photo Taking Session</i>
09:20-09:40	Assisted Self-Governance for Older Immigrant Social Integration. <i>Keynote Speaker: Professor LI Bingqin</i> <i>The University of New South Wales, Australia</i>
09:40-09:45	Q&A Session
Session 1 09:45-11:05	Best Practices for Promoting Healthy and Age-friendly Cities: Impact Case Presentation
09:45-11:05 Presentations by Impact Case NGO Practitioners and University Stakeholders (Impact Case)	Impact Case 1: Collaborative Action for Older Adults in Indonesia: Partnership for Better Society <i>Mr. SUWANDI Maygsi Aldian</i> <i>University of Gadjah Mada, Indonesia, Yogyakarta City</i> <i>(Yogyakarta Province), Indonesia</i>
	Impact Case 2: Participatory Pathways to Age-Friendly Societies: Community-Driven Models for Rural Development in Gunungkidul, Indonesia <i>Mr. WUSANA Sapta Widi & Ms. NOFIHANTIWI Yuphita</i> <i>ERAT INDONESIA BAHAGIA, Gunungkidul Regency (Yogyakarta Province), Indonesia</i>
	Impact Case 3: Resource linkage, multi-party cooperation Co-creating age-friendly Jiangmen <i>Ms. TAM Minnie</i> <i>Jiangmen Elderly Services Association</i> <i>Jiangmen (Greater Bay Area), Mainland China</i>
	Impact Case 4: Filial piety and Inclusiveness nurturing – Building a smart wall-less nursing home <i>Ms. JIAN Wan ling</i> <i>Tianxingjian Health & Social Service Development Center.</i> <i>Guangzhou (Greater Bay Area), Mainland China</i>
11:05-11:15	Q&A Session
11:15-11:25	Break

Agenda for Health and Wellbeing Symposium

April 26, 2025 (Saturday)

Time/Duration	Activities
Session 2 11:25-12:25	Addressing Health and Wellbeing in Ageing Populations
11:25-11:45	Exploring Frailty in Late-Middle Age: Key Factors Among Rural Taiwanese Adults Keynote Speaker: Professor CHAN Sheng Ju <i>National Chung Cheng University, Taiwan</i>
11:45-12:25	<i>Managing the Rise of Older Adults in East Asia: Critical reflections on public-private-community partnership in long-term care</i> Professor MOK Ka ho Joshua <i>The Hang Seng University of Hong Kong</i> & Dr. TIAN Zhen Jane <i>Lingnan University, Hong Kong</i>
	The Impact of Small Group Exercise Interventions and Online Video Classes on Diabetic Blood Sugar Control in the Elderly. Professor MOK Kam Ming <i>Lingnan University, Hong Kong</i>
	Factors Influencing Self-Employment and Reemployment Among Middle-Aged and Older Adults Professor LEE Ya Hui <i>National Chung Cheng University, Taiwan</i>
	Navigating Intersectionality: Enhancing Financial Capability and Well-being among LGBTQ Elders in Hong Kong through Social Work and Nursing Collaboration Dr. HO David <i>School of Professional and Continuing Education, The University of Hong Kong</i>
12:25-12:40	Q&A Session
12:40-12:55	<i>Poster Viewing Session</i>
12:55-14:00	<i>Lunch Break</i>
Session 3 14:00-15:00	Showcasing Cross-Contextual Implementation of Age-friendly City Initiatives
14:00-14:20	Social Needs Among Cross-Border Elderly in the Greater Bay Area Keynote Speaker: Professor CHAN Wing kit, Jack <i>Sun Yat-sen University, Guangzhou, China</i>
14:20 – 14:50	An Action Research on the Training Program of Home-based Picture Book Companion Courses: A Case Study on the Experience of Home Care in Taiwan Dr. HSIAO Yu Fen <i>National Chung Cheng University, Taiwan</i>
	The Intersection of Musical Engagement and Successful Aging: A Case Study of Hong Kong's Premier Senior Wind Band Dr. LIN Ka Chun <i>Lingnan University, Hong Kong</i>

Agenda for Health and Wellbeing Symposium

April 26, 2025 (Saturday)

Time/Duration	Activities
	Music for intergenerational well-being: a case study of the Link Sound Sinfonia Project <i>Professor IP Kim Ho</i> <i>Lingnan University, Hong Kong</i>
14:50-15:05	Q&A Session
15:05-15:15	<i>Break</i>
Session 4 15:15-16:35	The Role of Cross-Sectoral and Cross-Regional Collaboration for Promoting Health and Wellbeing of Older Persons
15:15-15:35	Rethinking Long-Term Care Investment <i>Keynote Speaker: Professor Wei YANG</i> <i>King's College, London, United Kingdom</i>
15:35-15:55	Leveraging Long-Term Care Insurance to Foster Healthy Ageing in Mainland China <i>Keynote Speaker: Professor LIU Kai</i> <i>Renmin University of China, Mainland China.</i>
16:05-16:35	Motivation, Adaptation, and Corporate Age-Friendly Strategies for Retired Re-Employed Workers in Multinational Chain Restaurants: A Multiple-Case Study from an Ecological Systems Perspective <i>Professor LI Ai Tzu</i> <i>National Chung Cheng University, Taiwan</i>
	Advancing Age-friendliness in Businesses and the Silver Economy: Evidence-based Strategies for Recognition, Capacity Building, and Co-Creation <i>Dr. LIU Mengyu</i> <i>The Polytechnic University, Hong Kong</i>
	Securing Health Services for the Out-of-place Elderly in China: A realistic evaluation on the implementation of the direct bill settlement policy for cross-regional patients in the Pearl River Delta <i>Dr. SHI Yuda Todd</i> <i>The Hang Seng University of Hong Kong</i>
16:35-16:50	Q&A Session
16:50-17:00	Closing Remarks <i>Professor LAU Ka Wai Maggie</i> <i>School of Graduate Studies, Lingnan University, Hong Kong</i>
17:00-17:30	Guest Departure